

EVERYDAY NOTEBOOK

DASHPLANNER

Index

NOTEBOOK SECTIONS

Personal	Plans	Work
School	Home	Family
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Food	Health	Creative
Inspiration	Lists	Miscellaneous

ADDITIONAL NOTEPAPER STYLES

Copy & paste pages as needed.

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Personal

THIS SECTION IS GREAT FOR:

- *Goals & habits*
- *Journaling*
- *Mood tracking*
- *Daily routines*
- *Wardrobe notes*
- *Affirmations*
- *Self care ideas*
- *Dream recording*
- *Gratitude*
- *Brainstorming*



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Plans

THIS SECTION IS GREAT FOR:

- Monthly calendars
 - Weekly schedules
 - Daily logging
 - Yearly overviews
- Event planning
 - Goal setting
 - 5-10 year plans
 - Family Schedules



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Work

THIS SECTION IS GREAT FOR:

- Meeting notes
- Job research
- Work schedules
- Resume drafting
- Important contacts
- Research
- LinkedIn info
- Sales & metrics
- Project tracking
- Interview notes



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School

THIS SECTION IS GREAT FOR:

- Class schedules
- Assignments
- Lecture notes
- Reading notes
- Grade tracking
- Project deadlines
- Study logs
- Important dates
- PDF annotations
- Reading lists



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Home

THIS SECTION IS GREAT FOR:

- Maintenance logs
- Insurance information
- Cleaning schedules
- Emergency contacts
- Passwords
- Utilities tracking
- Home remodeling
- Digital manuals



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Family

THIS SECTION IS GREAT FOR:

- *Appointments*
- *Kid's schedules*
- *Birthdays*
- *Wedding planning*
- *Memory keeping*
- *Gift ideas*
- *Family calendars*
- *Things to do*
- *Teacher/coach info*
- *Chore tracking*



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Finance

THIS SECTION IS GREAT FOR:

- Budgets
- Bills & due dates
- Savings tracking
- Coupon codes
- Expense logs
- Subscriptions
- Debt tracking
- Shopping lists
- Income tracking
- Tax information



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Projects

THIS SECTION IS GREAT FOR:

Planning and recording projects at home, work, and school.



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Travel

THIS SECTION IS GREAT FOR:

- Itineraries
- Trip research
- Packing lists
- Travel journaling
- Vacation wish lists
- Car activities
- Flight information
- Travel tips & ideas



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Food

THIS SECTION IS GREAT FOR:

- *Go-to recipes*
- *“To Bake” lists*
- *Diet tracking*
- *Spice inventorying*
- *Beer/wine tasting*
- *Lunch ideas*
- *Drink recipes*
- *Grocery lists*
- *Food logs*
- *Meal planning*



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Health

THIS SECTION IS GREAT FOR:

- *Workouts*
- *Measurements*
- *Medications*
- *Yoga poses*
- *Water tracking*
- *Fitness schedules*
- *Physician contacts*
- *Insurance information*



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Creative

THIS SECTION IS GREAT FOR:

- Doodles & sketches
- Color swatches
- Writing practice
- Coloring pages
- Storytelling
- Big ideas
- Mind mapping
- Crafts & hobbies



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Inspiration



THIS SECTION IS GREAT FOR:

Anything and everything that inspires you.



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Lists

THIS SECTION IS GREAT FOR:

- Shopping lists
- Reading lists
- To Watch lists
- Closet inventory
- Task lists
- Wish lists



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Miscellaneous



THIS SECTION IS GREAT FOR:

*All those random pieces of information
that don't seem to have a proper place.*



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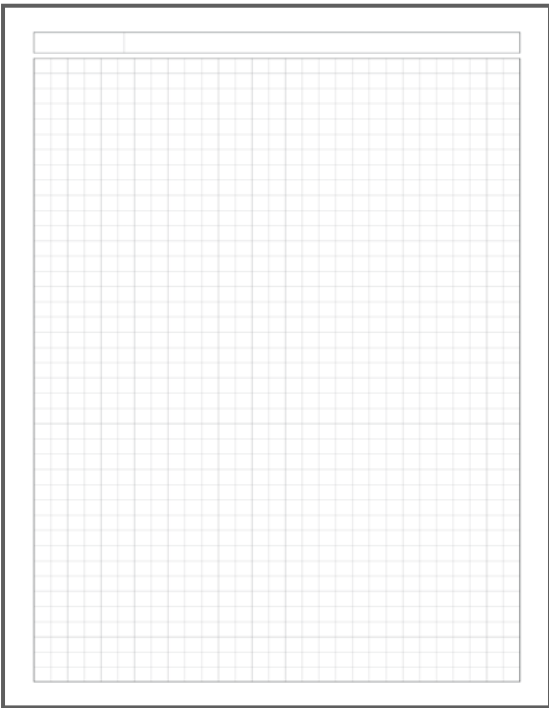
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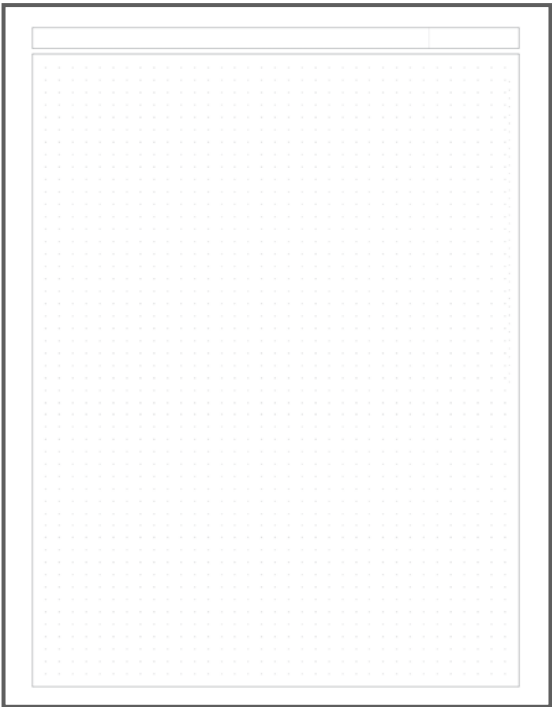
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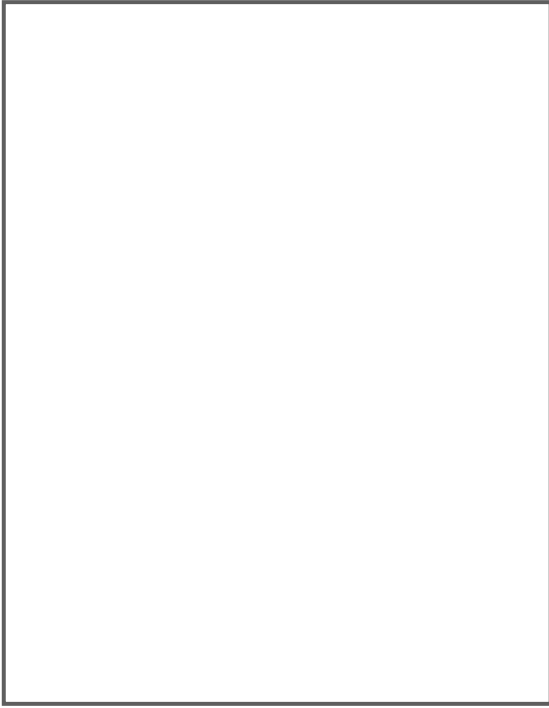
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+ NOTEPAPER